

Your Child Could Be On Our Cover! SEE P. 170

HEALTHY KIDS
HAPPY FAMILIES

Parents

Raise A Kid Who Cares

Fun Games That
Teach Kindness

Break The
Binky Habit
(Painlessly)

EASY RECIPES

Sneak More
Veggies Into
Every Day

A SUPER-QUICK
SLIMDOWN FOR
BUSY MOMS



Birthdays
On A Budget
5 Amazing Parties Under \$100

**SPEED-CLEAN
YOUR HOME!**
So You Can Have
More Time For You

PARENTS.COM
MAY 2011

\$3.50 U.S.A.



MUST SEE

MUST DO

MUST HAVE THIS MONTH

goody bag

Little Green Thumbs

Starting a garden with your children is lots of fun and can teach them about nature, growth cycles, and much more. Here are our top three planting picks:



Cart It!

Make gardening seem less like a chore and more like a game with this easy-to-push wheelbarrow. (3 years+, \$40; radioflyer.com)



Read It!

Get younger kids excited by learning about how seeds grow into plants and flowers.

A good pick? *Olivia Plants a Garden* (4 to 8 years, \$4)



Work It!

Go with gear that's made just for kids' hands. We dig the adorable Sunny Patch Tootle Turtle Tote Set. (3 years+, \$15; melissaanddoug.com)

